

UnitedHealthcare Half Tablet Program

Splitting tablets saves money

Prescription medication costs continue to increase, representing more than 16% of total health care costs. High deductible benefit designs and increased copayments have employees searching for convenient ways to maximize their benefit. The majority of Americans said they would consider splitting their prescription tablets to save money if their doctor said it would not be detrimental to their health, according to results of a national poll.²

How does tablet-splitting work?

Members and their physicians decide if the program is right for them. If so, the member's physician writes a new prescription for twice the strength and half the quantity, noting the member's intent to split the tablets. When members fill the prescription at a participating pharmacy, they automatically pay just half of their usual copayment or coinsurance. Members simply split each tablet so that the strength does not change – but their cost is only half of what they would normally pay.

An evidence-based program

The Half Tablet Program targets only medications deemed appropriate for tablet splitting. A team of physicians and pharmacists selects medications based on established clinical criteria such as safety, efficacy, and availability in tablet form.

Member savings

Members who participate in the Half Tablet Program can save **up to \$300¹** each year.



¹Savings vary based on member medication cost and plan design.

²Results from a national telephone poll conducted by Opinion Research Corp. March, 2009.

Medications available for tablet splitting:

Condition	Medication	Qualifying Strengths
Hypertension (High Blood Pressure)	Aceon	2mg, 4mg
	Atacand	4mg, 8mg, 16mg
	Avapro	75mg, 150mg
	Benicar	20mg
	Cozaar	25mg, 50mg
	Diovan	40mg, 80mg, 160mg
	losartan (generic Cozaar)	25mg, 50mg
	Mavik	1mg, 2mg
	moexipril (generic Univasc)	7.5mg
	trandolapril (generic Mavik)	1mg, 2mg
	Univasc	7.5mg
Depression	Lexapro	5mg, 10mg
	Pexeva	10mg, 20mg
	sertraline (generic Zoloft)	25mg, 50mg
	Zoloft	25mg, 50mg
High Cholesterol	Crestor	5mg, 10mg, 20mg
	Lipitor	10mg, 20mg, 40mg
	Pravachol	10mg, 20mg, 40mg
	pravastatin (generic Pravachol)	10mg, 20mg, 40mg
	simvastatin (generic Zocor)	5mg, 10mg, 20mg, 40mg
	Zocor	5mg, 10mg, 20mg, 40mg
Type 2 Diabetes	Actos	15mg
	Avandia	2mg, 4mg

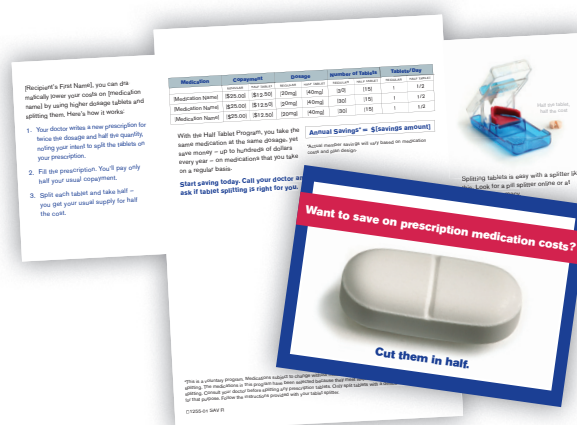
Medication example: Members currently using 4mg of Aceon qualify to split their tablets (with their physician's approval). The member's physician must write a new prescription for 8mg, noting the member's intent to split the tablets and take the original 4mg dose.

Empower your employees to save

The Half Tablet Program puts the member in control. We provide members with the information they need to make an educated decision, and participation is up to them and their physicians. Members who have been prescribed one of the eligible medications will receive a letter describing the program, including instructions on discussing tablet splitting with their physicians.

For more information

Contact your UnitedHealthcare representative to find out how **the Half Tablet Program can make prescription medications more affordable for your employees.**



Half Tablet direct mail example



This is a voluntary program. Medications subject to change without notice. Not all medications are appropriate for tablet splitting. The medications in this program have been selected because they meet requirements deemed appropriate for splitting. Members must consult their doctor before splitting any prescription tablets. Only split tablets with a device designed specifically for that purpose.